

SOUTH GREY MINOR HOCKEY ASSOCIATION

COVID 19 - RETURN TO HOCKEY PLAN

Phase 2 Stage 3b

Sept 27, 2020

Overview

South Grey Minor Hockey Association is a member of the OMHA and must obtain OMHA approval of our Return to Hockey Plan prior to commencing the 2020/21 season.

This Plan has been developed in conjunction with the Townships of Southgate and the Municipality of Grey Highlands current Standard Operating Procedures. These are the ice providers to our Hockey Association. The Plan has been sent to the Grey Bruce Health Unit.

The goal of the Plan is to meet the requirements of the OHF Return to Hockey Framework, as it relates to the Phase 2 Stage 3b that allows Minor Hockey Associations to conduct, with the approval of the OMHA, instructional training for players and modified non-contact game play. A cornerstone of this Plan is to provide the safest environment possible for our players and team staff.

Advancement through Stages 3b to 3e will be at the approval and direction of the OMHA. Additionally, this Plan is for the period commencing Oct 13th and will be reviewed when new stage is available. The initial 3-week period will consist of player conditioning, evaluations and skill development, followed by modified game play.

At this point, a return to regular hockey, including participation in the GBMHL & GBTLL League and travel tournaments, will not occur until a COVID-19 vaccine is available and the Province advances to Stage 4.

Eligibility to Participate

Per the OHF Framework, players that played for either DMHA or FMHA in the 2019-2020 season may only be eligible to play for the South Grey Minor Hockey Association in the 2020-2021 season. Participation in Stage 3 is strictly voluntary and will not impact a player's ability to return at a later date. A try out process for the 2020/21 season has not been approved by the OHF at this time.

Team staff participating in the Return to Hockey - Stage 3, must abide by and follow all safety protocols and best practices set out by the organization, the Municipality and our local public health units.

Participation at any session (practice/fitness/meetings etc.) is limited to a maximum 25 participants (players plus team staff) as per OHF return to play guidelines. Such participation must strictly follow social distancing guidelines established by the Government, Public Health Unit, OHF Framework, and

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Municipalities. It is understood that this is an evolving situation and requirements may change on short notice. Spectator Numbers will be enforced and limited based on the direction of the local municipalities.

COVID-19 Reporting

A record of all individuals entering the facility for a session, including name, phone number, and date/time of the session, must be maintained by the Team Manager, Trainer or other designated authority of South Grey Minor Hockey. Upon request, this information must be provided to the Grey Bruce Health Unit, in the event there is a need to Contact Trace a positive COVID-19 case. The prescribed Health Unit Reporting Form will be provided.

COVID 19 Screening

All individuals entering the facility for a session, including players, team staff, parents/guardians, and officials must complete a COVID-19 self-screening questionnaire at home, before leaving for the facility. The screening must be done prior to every session. Upon Arrival at the facilities a contact tracing form must be filled and answered correctly. If yes is answered to any of the questions regarding self screening entrance to the facility will not be permitted. Screening link found here:

https://southgreymminorhockey.com/Forms/1438/COVID_Screening_Form/

Anyone with any COVID-19 symptoms as per the screening questionnaire is to remain at home until either:

- They have identified a chronic medical condition with the support of their registered health care professional. Some players may have a chronic medical condition such as migraines, asthma or allergies – these should be previously reported on their Medical Information Sheet provided to the team Trainer at the start of the season; OR,
- They have remained in home isolation for 14 days from the onset of symptoms AND are symptom-free for 24 hours before returning to hockey; OR
- They have received a negative test result and have been symptom free for 24 hours and are able to pass online screening form
https://southgreymminorhockey.com/Forms/1438/COVID_Screening_Form/
- Players who cannot attend a session for medical reasons must be shared with the team Trainer. If a player becomes ill during a session, the team Trainer will ask the player to leave the ice. If removing a player from action or coordinating a return to play, Trainers will follow all protocols outlined herein, as well as protocols outlined in the Hockey Trainer Certification Program (including completing a Hockey Canada Injury Report)

If a player becomes ill, anyone within the same family/home must self-monitor for 14-days but may attend sessions.

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Facility Management

The following is required to enter/exit any Facility involved in a Team Session.

1. Team sessions will be limited to a maximum of 25 Participants as per OHF return to play guidelines, including players, team staff, and officials
2. Participants are to enter the facility no sooner than 10 minutes prior to the scheduled session time and must be fully dressed except for skates, helmets and gloves. Younger players who need assistance with their skates should enter the facility with skates on with skate guards, where possible.
3. Participants are required to wash their hands at the Sanitizing Station upon entry/exit of the Facility. Sanitizing stations will be maintained by facility staff.
4. Participants must not cough or sneeze without properly covering their face. Also, spitting on the floor or ice is not allowed.
5. Participants must physically distance upon entry by maintaining a distance of at least 2 meters from others and immediately proceed to the designated area for putting on skates, helmets and gloves.
6. Participants are to wear face coverings in the Facility, except when physically participating in the session (i.e., on the ice).
7. Upon completion of the session, participants are to proceed immediately to the designated area to remove skates, helmets and gloves and leave the facility without loitering or interaction with the incoming participants. Social distancing of at least 2 meters is required upon leaving the facility.
8. There will be 2 designated areas for skates, helmets, gloves, one for the incoming participants and one for the outgoing participants.
9. Change Rooms may be available and only the Washroom in the main lobby will be open. If using the Washroom, access is limited to 1 Participant at a time and hand washing is required.
10. Chairs/benches (where used) will be sanitized by facility staff after each session.

Session Management

The following is required by all participants during each session.

1. The bench area is closed during player development & conditioning sessions, except for a participant requiring medical attention. The team Trainer must practice medical guidelines when attending to a Participant, including wearing a face covering. During modified game play the bench area will be limited to a maximum 6 Players, 1 Coach and 1 Trainer who must practice social distancing.
2. Participants are to socially distance at all times on and off the ice, where possible.
3. Drills, activities, exercises, etc. are to be limited to those that can be done with Social Distancing.

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4. There is to be no prolonged or deliberate drills, activities, exercises, etc. that require physical contact among players (i.e., battle drills, body contact drills, scrimmages, exercises using a partner, etc.). Incidental contact in the course of other drills is to be minimized by the players (non-contact hockey).
5. No sharing of water bottles or other types of equipment that is physically touched by participants. Participants must bring a labeled water bottle to each session that is filled at home.
6. Any equipment used by participants during the session must be disinfected in between sessions.

Modified Game Play

The Association will provide a non-contact game like experience commencing Nov 1st. OMHA Required game play criteria will be followed. OMHA recommended game play criteria will be determined for us by our association. Each Team will be comprised of 6-9 players plus a goalie. Games will be 3v3 and will comply with all the requirements of the OHF Return to Play guidelines. There will be no more than 50 Participants per Division.

Participant Registration

Official registration for our Program is being offered from September 10th Extension of registration deadline may be extended if numbers require.

Communication

1. The Association will continue to post updates regarding our process to return to play
2. The details of the Return to Hockey Plan is to be communicated to all participants and parents.
3. A Return to Hockey Acknowledgement Form must be signed by all participants and parents prior to participation in the Association Return to Hockey. This process will be administered by the Executive outside the Facility. A copy of the Form will be posted on the website to encourage completion prior to arrival at the first Session.
4. The Head Coach of each Team is responsible for the adherence to this Plan at all times. Non-compliance by any participant or parent may result in a suspension from further participation.
5. The Return to Hockey Plan may be suspended at any time based on direction from governing bodies or the Association Executive due to concerns over transmission or exposure to COVID-19.
6. Any suggestions, concerns or questions regarding the implementation of the Plan must be directed to a member of the SGMHA Executive.

Other

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The Association Executive will be responsible for the overall management of the Return to Play Plan, with specific focus on communication with the participants, parents, GBMHL,GBTLL, and OMHA. Barb Caswell will be our COVID contact and can be reached at 1-519-830-7314 or bcaswell24@gmail.com

The Executive, Hockey Operations, will be responsible for monitoring updates from the OHF, OMHA, local Municipalities and the Public Health Unit. In addition, the Executive will oversee the implementation of this Plan as it relates to the Head Coaches.

The Association Secretary will be responsible for the development and implementation of all record keeping and reporting requirements. This will involve direct oversight of the Team Managers.

Submitted, October 6 2020

Grayson Hannivan
Co President
South Grey Minor Hockey Association